



















January 2019



Holy Spirit Catholic School Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <i>Happy New Year!</i>	2 <i>No School - Christmas Break</i>	3 <i>No School - Christmas Break</i>	4 <i>No School - Christmas Break</i>	5
6	7 Cheese or Pepperoni Pizza, Salad Bar w/Romaine Lettuce & Spinach, Fruit 	8 Chicken Sandwich (WW Bun), Cucumber & Tomato Salad, Curly Fries, Fruit 	9 Ham & Cheese Sub (WW), Goldfish Crackers, Cauliflower, Fruit 	10 Baked Oatmeal w/Apples, Sausage, Hashbrowns 	11 Stroganoff, WW Breadstick, Green Beans, Fruit 	12
13	14 Chicken & Spinach Pizza w/White Sauce or Cheese Pizza, Salad Bar w/Romaine Lettuce & Spinach, Fruit 	15 Spaghetti, WW Garlic Breadstick, Zucchini, Fruit 	16 Hot Dog on WW Bun, Potato Chips, Baked Beans, Fruit 	17 Breakfast Burger (egg, sausage, cheese on a WW biscuit), Hashbrowns, Fruit 	18 Chicken Taco Salad, Black Beans, Salsa, Fresh Fruit 	19
20	21 <i>Martin Luther King, Jr. Day - No School or Childcare</i>	22 Chicken Tenders, Mac & Cheese, Corn, Fruit 	23 Ham & Cheese Sub (WW), Goldfish Crackers, Cauliflower, Fruit 	24 French Toast Sticks, Sausage, Hashbrowns, Fruit 	25 Tacos (Hard shell or WW Soft), Black Beans, Salsa Bar, Fruit 	26
27	28 Chicken & Spinach Pizza w/White Sauce or Cheese Pizza, Salad Bar w/Romaine Lettuce & Spinach, Fruit 	29 Cheeseburger(WW Bun), Sweet Potato Fries, Salad, Fruit 	30 Turkey & Cheese Sub (WW), Sun Chips, Carrots, Fruit 	31 Pancakes, Bacon, Hashbrowns, Fruit 		

Hot Lunch w/chocolate or white milk is \$3.00 per meal. White or Chocolate milk only is .50 cents. Please pay for your lunches by going to www.myschoolbucks.com or pay in the school office. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8399 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.