



November 2, 2017

The "Trunk or Treat" and All Hollow's Eve Carnival on Friday, October 27, was mega successful with a great turnout! It was a moderately warm and slightly breezy evening just perfect for these two combined family-friendly parish events.

Major kudos and sincere thanks to Jessica Gallegos for organizing a marvelous carnival complete with lots of games and prizes. Special appreciation to Debbie Gallegos (all-around "go-to") with Sandra Flores assisting, Christine Hofman (face painter) and loads of youth volunteers and parents from the JAM and EDGE Youth ministry programs and our school who helped manage the booths.

Also, many thanks to our Holy Spirit School families who turn the playground blacktop into a safe, fun, and overly-sugared candy fest for all children...about 20 cars decked out in true "Trunk or Treat" traditional spookiness!

It was an awesome evening and my thanks to everyone who contributed to the production process, donated bags and bags of candy, and those families who brought their adorably costumed children to share a memorable evening. We truly have a giving, dedicated parish and school community!

I also want to thank those of you who turned out for the "Great Rake It UP" (just made that up) project to help clean up our campus last Saturday morning. The turnout was way beyond my expectations and included adults and kids working together so well. In two hours the entire campus was leaf free...over 20 bags of leaves and yard waste! Granted, leaves magically multiply and did return in short order, but the campus still looks so much better!

As a Holy Spirit community we need to keep our grounds as nice as possible, especially with the construction going on. We cannot control the wind, dust and the mess, but we can help to keep the campus as beautiful and safe as possible.

Again, many thanks for volunteering your time and energy for a wonderful cause!

Mrs. Corgiat

November hot lunch menu at the end of today's newsletter.

FUNDRAISERS, TUITION SAVINGS AND SCRIP!

***Did you know that Sacred Heart over in Boise has ONLY 3 (three!!!) fundraisers a year – SCRIP, a Jog-a-thon and Dinner/Auction? That is it! How wonderful would this be? Please, please, please get involved with the SCRIP program.**

***Did you know that the PTC has generously decided to give you a tuition credit of 25% of the rebate you earn after your first \$500.00 in SCRIP purchases?**

***Don't believe how easy and beneficial it is? READ THIS: "I needed some items from Land's End so I bought a SCRIP NOW card. From the time I logged into Shop with Scrip, it took approximately 2 minutes until the actual card was on my phone. I needed about \$70.00 so, because their cards are in \$50 and \$100 increments, I bought one \$50.00 card and paid the balance with my credit card. Do you know how much the school receives on this transaction? \$8.00—yes \$8.00!! If you use Amazon, once you purchase their SCRIP NOW card, there is a link directly to Amazon so it doesn't take any longer to shop on Amazon through Scrip than it does just entering your info into Amazon. Remember there are over 700 merchants enrolled in Shop With Scrip."**

***Not sure of what to do next to get shopping on-line? To log in to your account simply go to shopwithscrip.com. and click on username. Your username is YOUR LAST NAME and hscs (ex. Smithhscs), hit the "forgot password" button, SCRIP will then send a link for you to set up your password to the same email account the school currently uses to contact you. Refer to the videos on the school site for lots of details on how to navigate your way through all the options SCRIP offers and how to earn the most for yourself and the school.**

***Holiday shopping is the perfect way to get started! Use SCRIP for all your purchases and the cards themselves make great gifts. Be sure to sign up for Presto Pay several days (we recommend 7 days) prior to your shopping if you want to be able to take advantage of mobile or printable cards, and remember just like most retailers, SCRIP has its own version of Black Friday where they offer great rebates on lots of popular cards!**

SAFE ENVIRONMENT CLASSES

We have scheduled two safe environment classes for anyone in the school or parish who has not attended a class in the past. New families and those new to ministries in the church are encouraged to attend these classes. They are **TONIGHT, November 2** at 6:00 pm and Saturday, November 4 at 9:00 am. Both classes are in the main school building. Please email Marie Smith at smithma@hscsidaho.org with questions.

CAN YOU HELP?

We are looking for volunteers to help with a couple of areas of need:

- Cafeteria volunteers are needed between the hours of 11:15 a.m. and 1:00 p.m. Volunteers will help serve lunch, do some light set up and clean up, and of course visit and help supervise the students. You can choose how long you can help and the day or days of the week.
- The SCRIP coordinator assistant will learn all about the SCRIP process so that they are able to help sell cards and answer questions.

All hours given counts towards service hours.

Please contact Polly if you are interested in either or both ☺. Thank you!

FIRST RAFFLE WINNERS

Congratulations to the first Monthly Raffle winners of the year - \$400 – Phil and Edythe Joslin; \$200 – Andy and Alyssa Moldenhauer; \$100 – Mike Lester.

Thank you to everyone who purchased a ticket...the fun has just begun! Seven more drawings to go! Good luck!

PICTURES

We will be sending home student picture packets today with those students who purchased them. Please contact the school office if you do not receive them or if you have any other problems. Re-takes will be on Thursday, Nov. 16, for those wanting them redone or who were not here on picture day and would like them taken.

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NOVEMBER CHARACTER BUILDER –

SELF CONTROL

Each month we are working on a different “Fruit of the Spirit” which are character builders that God has graced each of us with. This month is Self-Control. The following is part of an article, *Three Strategies for Teaching Children Self Control* by Eileen Kennedy-Moore, PhD.

Many of the instructions we give our kids are about self-control. Self-control means being able to resist immediate temptations and avoid acting on impulse in order to achieve more important goals, such as learning or being kind. When kids have better self-control, they do better in school and get along better with others.

Self-control doesn't have to mean effortful, teeth-gritting willpower. In fact, that kind of self-restraint is hard to keep up for long—even for adults. What works better is to help kids learn and use effective strategies for boosting self-control. According to Angela Duckworth at the University of Pennsylvania and her colleagues, there are three main strategies that kids can use to make self-control easier to manage.

1. Change the Situation

The simplest and often most effective strategy for self-control involves changing the situation to reduce temptation. This is a very powerful self-control strategy because it involves minimal effort. For instance, if you're trying to lose weight, not having sweets in the house makes it easier to eat healthy foods. Teaching kids this strategy involves helping them think about and choose circumstances that encourage good behavior.

For young children, this could mean sitting on the opposite end of the couch so they won't be tempted to poke a sibling, or having fewer toys out so clean-up feels more manageable.

For school-age children, this could mean putting away electronic distractions during homework time, setting a timer to get a task done quickly, or figuring out whether they do their homework most efficiently in their bedroom or at the kitchen table. It could also mean choosing to hang out with kind friends who bring out the best in them, rather than the worst.

Watch for strategies two and three in upcoming newsletters.

Don't forget to set your clocks back on Saturday night!



Hot Lunch Menu – November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
*WW – Whole Wheat *Choice of white or chocolate milk	*Hot Lunch w/milk is \$3.00 *Milk only is .50 cents	1 Turkey & Cheese Sub Sandwich Sun Chips Carrots Fresh Fruit	2 Breakfast Burritos Diced Potatoes Applesauce	3 Chicken & Spinach Pizza w/white sauce or Cheese Pizza Salad Bar Fruit
6 Roasted Turkey Mashed Potatoes Corn Fruit	7 Spaghetti WW Garlic Breadstick Spinach & Cucumber Salad Fresh Fruit	8 Ham & Cheese Sub Sandwich Goldfish Crackers Celery Fresh Fruit	9 Square Blueberry Pancakes Sausage Hashbrowns Pears	10 Pepperoni or Cheese Pizza Salad Bar Fruit
13 Chicken Sandwich Macaroni Salad Carrots Fruit	14 Tacos Black Beans Salsa Bar Fruit	15 Chicken Noodle Soup WW Roll Fresh Fruit	16 Eggs & Bacon Apple Muffins Fresh Fruit	17 Chicken & Spinach Pizza w/white sauce or Cheese Pizza Salad Bar Fruit
20	21	22	23 	24
THANKSGIVING BREAK			NO SCHOOL	
27 Chicken Tenders Mac & Trees Fresh Fruit	28 Cheeseburger Fries Coleslaw Fresh Fruit	29 Turkey & Cheese Sub Sandwich Sun Chips Carrots Fresh Fruit	30 French Toast Sticks Sausage Hashbrowns Fruit	

Please pay for your lunches by going to www.myschoolbucks.com or pay in the school office.

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