

November 2018



Holy Spirit Catholic School Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Breakfast Bake (eggs, ham, hashbrowns, cheese, broccoli), WW Toast, Fruit	2 Nachos (corn chips, ground beef, cheese) w/Salsa, Pinto Beans, Fresh Fruit	3
4	5 Chicken & Spinach Pizza w/White Sauce or Cheese Pizza, Salad Bar w/Romaine Lettuce & Spinach, Fruit	6 Pulled Pork on a WW Bun, Cole Slaw, Tots, Fruit	7 Turkey & Cheese Sub (WW), Sun Chips, Carrots, Fruit	8 Pancakes, Bacon, Hashbrowns, Fruit	9 Chicken Penne, Garlic Bread, Edamame, Fruit	10
11	12 Cheese or Pepperoni Pizza, Salad Bar w/Romaine Lettuce & Spinach, Fruit	13 Chicken Sandwich (WW Bun), Cucumber & Tomato Salad, Curly Fries, Fruit	14 Ham & Cheese Sub (WW), Goldfish Crackers, Cauliflower, Fruit	15 Baked Oatmeal w/Apples, Sausage, Hashbrowns	16 Stroganoff, WW Breadstick, Green Beans, Fruit	17
18	19 Chicken & Spinach Pizza w/White Sauce or Cheese Pizza, Salad Bar w/Romaine Lettuce & Spinach, Fruit	20 <i>End of 1st Trimester</i> Spaghetti, WW Garlic Breadstick, Zucchini, Fruit	21 <i>Thanksgiving Break - No School</i>	22 <i>Thanksgiving Break - No School</i>	23 <i>Thanksgiving Break - No School</i>	24
25	26 Cheese or Pepperoni Pizza, Salad Bar w/Romaine Lettuce & Spinach, Fruit	27 Chicken Tenders, Mac & Cheese, Corn, Fruit	28 <i>Picture Retakes</i> Ham & Cheese Sub (WW), Goldfish Crackers, Cauliflower, Fruit	29 French Toast Sticks, Sausage, Hashbrowns, Fruit	30 Tacos (Hard shell or WW Soft), Black Beans, Salsa Bar, Fruit	

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